



Πρόγραμμα  
Νέα Γενιά  
σε Δράση

«Το σχέδιο αυτό χρηματοδοτήθηκε με την υποστήριξη της Ευρωπαϊκής Επιτροπής. Η παρούσα δημοσίευση [ανακοίνωση] δεσμεύει μόνο τον συντάκτη της και η Επιτροπή δεν ευθύνεται για τυχόν χρήση των πληροφοριών που περιέχονται σε αυτήν.»



presents the European Erasmus+ Youth Exchange mobility program



This document aims to provide you with some basic information about the project. This is just a resume, of what we are prepared to offer to the participants, during this weekly project. We are open, to any kind of suggestions that could improve the efficiency of the project. So if there are any additional suggestions, we'd love to adopt it to the weekly program.

**Participating Countries:** Greece, Romania, Italy, Czech Republic, Spain, Portugal

# INFOPACK

## Introduction:

This ka1 Erasmus+ Action, supports the training of those active in youth work and youth organisations in this field, in particular project leaders, youth advisers and supervisors in these projects. It also supports the exchange of experiences, expertise and good practice between those active in youth work and youth organisations, as well as activities which may lead to the establishment of long-lasting, high quality projects, partnerships and networks..

## No time to lose! Reduce, Recycle, Reuse (3R)

### Project description:

"*No time to lose! Reduce, Recycle, Reuse*" project is a Youth Exchange which will be hosted at the metropolitan region of Thessaloniki ( Agia Triada ). During this youth exchange, six representative Youth Organizations, coming from countries throughout all Europe, will participate to this multinational mosaic. A total number of 40 individuals, will discuss for the advantages, the benefits and the challenges of non- formal education, which is the crucial part, of the "Erasmus+" program. Participants will share their experience, present the best- off their practices, express their concerns and contribute to an open- dialogue upon environmental issues.

The project "No time to lose! Reduce, Recycle, Reuse" is a youth exchange which addresses art and environmental issues, through artistic creativity. Making a proper use of these tools we want to raise public awareness, related to environmental challenges in European and local level, for instance the city of Thessaloníki, Greece.

40 youth leaders and workers from Spain, Greece, Czech Republic, Italy, Portugal, Romania will cooperate through different art workshops to achieve one common goal. The main objective of the project is to draw attention to the problem of maintaining a clean environment. During these 7 days of "No time to lose! Reduce, Recycle, Reuse" youth exchange, participants will have the chance to discuss current issues, share ideas how to preserve environment clean, to simulate simple steps that will help towards reducing the impact of negative factors, which is caused by counterfeiting of secondary raw materials.

All conclusions, suggestions and ideas of participants will be shown through different style of arts such as: video, theatre, art workshops with paper & plastic trash, bottles, reusing clothes etc. The result of the project will include a final report - video, related with the problem of environmental degradation, which will be broad-casted to local media channels.

Additionally, a short theater performance (flashmob), handcrafted creations from recycled materials, a photo exhibition which will be conducted by the participants of the project, will also be regarded as project's final outcomes. Thus, a proper use of project's outcomes will assist us to have more local people engaged into recycling, especially young people and will also disseminate our concerns and potential solutions about environmental degradation.

### DATES:

Arrival Day: Wednesday, 16/11/2016

Departure Day: Wednesday, 23/11/2016

## WHERE:

Agia Triada, coastal region of Thessaloniki, Greece

## Participant countries and associations:

Its partner has to send delegates, which will be over 18 years old

		Nr of paxs:
Greece	NEANIKI EKSELIXI 18 – YiA 18 (Hosting organization) <a href="http://www.yia18.org">www.yia18.org</a>	7
Czech Republic	EUROPEAN YOUTH CENTRE BRECLAV Z.S. <a href="http://www.eycb.eu">www.eycb.eu</a>	6
Italy	EUROSUD <a href="http://www.eurosud.altervista.org">www.eurosud.altervista.org</a>	7
Portugal	TEATRO METAPHORA <a href="http://www.teatrometaphora.org">www.teatrometaphora.org</a>	7
Spain	Backslash <a href="mailto:asociacionbackslash@gmail.com">asociacionbackslash@gmail.com</a>	6
Romania	Asociatia GEYC <a href="http://www.geyc.ro">www.geyc.ro</a>	6

Advanced Planning Visit (APV):

### Dates:

Arrival Day: Sunday, 23/10/2016

Departure Day: Wednesday 26/10/2016

**\*Please read carefully**

### \*Participants profile:

- Participants need to be aged **over 18 years old**. (5paxs 18-30years old + 1 leader 18+)  
We will **not** be able to invite anyone under the age of 18.

- We suggest you to take into consideration gender balance during the process of selection of candidates for this YE. Of course, this doesn't mean that you have to adopt low criteria for participants just in order to select both genders.
- All participants need to complete the application form (attached) with their motivation to participate in the project, and e-mail it back to Vasilis Tsillas [via18plus@gmail.com](mailto:via18plus@gmail.com) by **11<sup>th</sup> October 2016**.

## \*Health Insurance:

- Health insurance will **NOT** be provided or reimbursed by the organizers. All participants are required to purchase health insurance individually, or get the free of charge formulary E-111 from your national social security that covers medical costs around EU member states (European Health Insurance Card).
- The participants will have to sign an individual **Preliminary agreement/solemn statement** (attached) that they are aware they have to cover their own insurance and to fully attend the project **as indicated above**.

## \*Working Language:

- Working language of this Youth Exchange is English. Some of the participants will be able to communicate in other languages as well, but we encourage the use of English along with your native languages during the informal time as well. The purpose of this is to build the group and the group spirit and ensure inclusion of all participants in the process. English will also most likely be the language of your future European projects, so it's worth practicing & dealing with the related concepts and technicalities in English as well.

## \*TRAVELLING to GREECE

- The Project will take place at Thermaikos Municipality, in the suburban region of Thessaloniki. The nearest airport is only 15 minutes far away from the centre of the city, while Thessaloniki's downtown is less than 25 minutes away.
- The nearest airport, International Makedonia Airport (SKG) has a lot of connections to many European cities, so it shall be easy for you to find a flight towards your country.
- **Participants should choose the cheapest means for their traveling.**
- Arrival at Thessaloniki. After picking up your luggage at the arrival sector, head to the exit of the airport. Twenty meters in front of the arrivals gate you will find the Bus- line stop. Get aboard at Bus- line Number 79 with direction towards IKEA. It takes only ten minutes to reach IKEA Bus Terminal Station. Get out of the bus, while arriving at IKEA Terminal Station.
- You will need to search Bus line Number 72 with direction towards Michaniona. This is just a piece of cake, because IKEA Bus Station is rather a small Terminal Station, serving up to 9 or ten lines.
- Travelling towards venue is approximately twenty minutes. As it is also depicted into the picture of directions, the closest bus- stop, is the entrance of the venue, named after "Sun Beach Hotel". There is also an indicated message, which is broadcasted as a text and voice format on a screen inside the bus. This message announces each next bus- station.
- **(Extra tip: In order to purchase a bus ticket, a 1 euro coin will be necessitated. There is an automated ticket vendor (machine) in every bus. A bus ticket which costs 1 euro, is sufficient for you to cover the whole distance towards the venue. There is no extra need in order to issue an extra ticket at the second bus line 72. Just remember to have one Euro in your wallet.**
- Also, you have the option to arrive at Athens airport, and then by train (about 5 hours) to Thessaloniki. Please, check [www.trainose.gr](http://www.trainose.gr) for schedules and prices. We advise you buy the tickets beforehand in the internet.
- Those of you who are planning to stay in Greece outside project dates longer **you need YiA 18 approval first (please contact Vasilis Tsillas -> [via18plus@gmail.com](mailto:via18plus@gmail.com))**. Tickets for travel outside the official travel dates purchased without YiA 18 approval may not be reimbursed.

## \*TRAVEL COSTS

Organizers will provide accommodation and food (3 meals) during the whole period of the project.

The organizers will reimburse 100% of your travel costs from your home city to the venue and back. According to the rules of YiA program, and in order to comply with environmental standards, we kindly ask all participants to take the most environmentally friendly and cost effective alternative available.

- Reimbursement of travel costs will only be done upon full attendance of the program and presentation of all (including return tickets) original tickets, receipt/invoices and boarding passes. Please remember to bring the original invoices – there will be no reimbursement without the original invoices and tickets with indicated names of travelers, description of the journey, indication of cost and currency and date of travel.
- If participants pay for their ticket with a credit card, they are requested to bring along the confirmation of payment (i.e. credit card slip and/or bank statement).
- Participation fee of 15 euro is applicable. The amount will be deducted from the travel cost reimbursement.
- Reimbursement will be done in EURO, regardless of the currency indicated on your ticket and receipt/invoice. Please note if you bought your ticket in your local currency which might be different than EUR, we will calculate your travel costs according to the exchange rates from official European Commission [web-site](#), on the day of the purchase
- Reimbursement will be given only on the basis of an existing ticket. No advance reimbursement for future tickets will be given.

- If your travel costs exceed the amount budgeted in the project, we will NOT be able to reimburse you or distribute any existing – available travel budget. You will have to pay the extra amount to the full.
- Taxi costs will not be taken under consideration.
- Please make copies (or even better, scan) of all tickets and invoices and email at: [via18plus@gmail.com](mailto:via18plus@gmail.com); before attending the Youth Exchange. This will be very helpful for the organizers to begin processing the financial and reimbursement data to make sure that all the payments are made as efficiently as possible.
- The travel reimbursement will not be done on the spot, but after the return of the participants to their homes and after they send the original tickets and boarding passes to the organizers.
- Please bear always in mind that "Youth in Action" program is not a travel agency, and that only 2nd class tickets are allowed to be used for this action. Try not to exceed your travel cost limitations, and also keep a record of your travel documents, to provide us all invoices, tickets, boarding passes, and necessary trip documents that were purchased. ( any taxi bills will not be reimbursed )
- All participants **must consult** with the organizers on prices & routes (please contact Vasilis Tsillas -> [via18plus@gmail.com](mailto:via18plus@gmail.com)), before buying any tickets.

Those of you who are planning to stay in Greece outside project dates longer **you need YiA 18 approval first (please contact Vasilis Tsillas -> [via18plus@gmail.com](mailto:via18plus@gmail.com) )**. Tickets for travel outside the official travel dates purchased without YiA 18 approval may not be reimbursed.

**We can reimburse maximum amount up to:**

country	Number of participants	total cost (100%) per participant	100% of cost per group
<b>GREECE</b>	6	80*	<b>480</b>
<b>CZECH REPUBLIC</b>	6	170	<b>1020</b>
<b>ITALY</b>	7	170	<b>1190</b>
<b>PORTUGAL</b>	7	400	<b>2800*</b>
<b>SPAIN</b>	6	270	<b>1620</b>
<b>ROMANIA</b>	6	170	<b>1020</b>

\* This indicated price, is for all those participants who will travel more than 100km.

\* This indicated price, is for all those participants who will travel more than 3000km.

## \*The VENUE

Our Youth Exchange will be hosted at Sun Beach Hotel (<http://www.thessalonikisunbeach.com>) Exasterou street, on the sea-front. It has a lovely view, to Thermaikos- Gulf, and the magnificent coastal Thessaloniki.

**Free!** Wi-Fi is available in public areas and is free of charge.

## \*ACCOMODATION



You will be sharing room(s) with another 2 person(s) of the same sex & preferably from different nationality. All rooms have either baths or showers. Bed linen will be provided. Don't forget to bring your personal hygienic! **Wireless internet** will be available at the Hotel, you are welcome to bring your own laptop or another wireless device.

**The check-out time on the departure day is at 11 am.**

Those of you willing to arrive few days earlier or depart few days later should inform us and we will assist you in booking a hotel or hostel in Greece.

## \*The FOOD

There are three daily meals, breakfast, lunch and dinner (& 2 coffee breaks), which are meant rather to be served in the hotel or to any local restaurant. If there is any special nutrition need, like preparation of vegetarian dishes for your participants, please let us know earlier before project starts.

We will do our best to provide you all the tastes. Be prepared for typical Greek dishes, as the Mediterranean diet is one of the most famous and tasty one.

## \*PREPARATION

- To present your sending organization. It could be a PowerPoint presentation or an informal narration of the goals, target groups that your organization takes action into your local community. Did you have already participated to another Youth in Action Program? In which kind of projects according to the YiA program have you ever participated in? (NGO Fair)
- Please, do NOT forget to bring some national drinks, food, snacks, music, other traditional materials for the **intercultural** evening :) Promotional material (games/cards/books/videos) & creative presentations of your countries will make us get the most from our intercultural experience.
- Innovative thinking- ideas for future use (initiatives).
- 

**Participants are highly encouraged and recommended to bring their personal laptop/tablet/palm. It will be required for the workshops and it will assist for the dissemination of the project's outcomes.!!!**

## \*The WEATHER

The project will take place on November, so according to predictions the indoors activities will prevail rather than outdoors activities. Please make sure that you will bring some sport clothes, trainers, comfortable trousers and T-shirts with you.

For further details, we will keep you updated through the project's facebook group!



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## \*About GREECE

If you want to know more about our country here are some useful links:

<http://www.visitgreece.gr/>

<http://www.lonelyplanet.com/greece>

And for Thessaloniki

<http://www.thessaloniki.travel/index.php/en/>

<http://www.greecetravel.com/thessaloniki/>

For any question or more information don't hesitate to contact us!

We are looking forward to meeting you ☺

YiA 18,

The organizational Team

**Project's Coordinators & Contacts:**

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Erasmus+